



FINDING FAITH: Small Group Bible Study inspired the movie by "The War Within"

## INTRODUCTION

The War Within is a unique fantasy drama that externalizes the internal spiritual battle of Michael Sinclair, a successful cartoonist whose life is shattered by a tragic event. The film personifies Michael's inner turmoil through six characters: Mind, Memory, Emotion, Will, Conscience, and Heart. This internal "war" strains his marriage and causes him to question his faith. Through this allegorical journey, Michael learns that the path to victory in his soul is not found in controlling his life, but in surrendering it to God, a truth that offers a powerful lesson to viewers facing their own inner conflicts.



## DISCUSSION QUESTIONS

### 1. THE ALLEGORY OF THE INNER MAN

- The movie personifies Michael's inner battle through six characters: Mind, Memory, Emotion, Will, Conscience, and Heart. How does this allegorical approach help us understand the complex nature of our inner spiritual struggles?
- Read Proverbs 4:23. How does the film's depiction of a "war within" reflect the biblical teaching to guard our hearts? What does it mean for the "issues of life" to flow from the heart, and how does the condition of Michael's heart directly impact his external life?



### 2. THE IMPACT OF A BROKEN HEART

- Following a tragic event, Michael's emotional and spiritual state deteriorates, negatively affecting his relationships, especially with his wife, Amy. How does the film show that our internal state is never truly private and always affects our external relationships?
- Read Proverbs 15:13. How does the film illustrate the relationship between a joyful heart and a cheerful face versus a broken spirit and a troubled life? Why is it so difficult for Michael to love and be present for his wife when his heart is in turmoil?



## DISCUSSION QUESTIONS

### 3. THE BATTLE FOR CONTROL



- Michael's inner characters, particularly Will, constantly struggle for control, creating chaos and conflict. The movie's central message is that "victory is found in surrender." What does this paradoxical statement mean, both for Michael and for the Christian life?
- Read Galatians 2:20. How does this passage articulate the surrender that the film's climax portrays? How does a believer's victory over the "war within" come not from our own strength or effort, but from allowing Christ to live through us?

### 4. FAITH IN THE MIDST OF DOUBT

- Michael begins to doubt his faith in God as his life unravels. His "war within" is as much a spiritual crisis as it is a psychological one. How does the film portray the reality of doubt, and what does it suggest is the true source of peace in a time of questioning?
- Read Philippians 4:6-7. The film shows that Michael is anxious and burdened. How does this passage instruct us to find peace in the midst of spiritual turmoil? What does it mean to cast our anxieties on God and to receive the "peace of God, which surpasses all understanding"?





## REFLECTION & APPLICATION

Reflect on your own inner life. Which of the six characters Mind, Memory, Emotion, Will, Conscience, or Heart seems to be in control most often?

What is a struggle you are currently facing, and how might you apply the lesson that victory is found not in your own strength, but in surrendering to God?



## PRAYER

Close the Bible study with a time of prayer, to lift up their own internal struggles and to pray for the strength to surrender their will to God.

Pray for a heart of peace, even in the midst of life's storms, trusting that God is in control.



## CONCLUSION

Like Michael, we all face a "war within." The film encourages us to see our inner life as a spiritual battleground where the ultimate victory belongs to Christ. By surrendering our will to Him, we can find true peace and the ability to live a life of joy and purpose, even in the face of immense struggle.