



FINDING FAITH: Small Group Bible Study inspired by the movie "One More Round"

INTRODUCTION

One More Round is a Christian sports drama centered on Jake Taylor, a former professional boxer whose life derailed ten years earlier when he abandoned his biggest career fight. Now facing a failing marriage, foreclosure, and wavering faith, Jake is at his breaking point. His former trainers track him down and convince him to return to the ring for a charity match. The film follows Jake's struggle to find redemption, confronting his past failures and personal demons as he rediscovers the importance of faith, forgiveness, and perseverance by learning to go "one more round" in life.



DISCUSSION QUESTIONS

1. THE WEIGHT OF PAST FAILURES

- Jake's life ten years later is still defined by his decision to walk away from his professional fight. How does the film illustrate the destructive power of allowing a past failure to cripple one's present and future?
- Read Hebrews 12:1. This verse instructs us to "throw off everything that hinders and the sin that so easily entangles." What "hindrances" from the past is Jake entangled by? What does the film suggest is the first step in moving past failures and finding freedom from them?



2. THE FIGHT FOR MARRIAGE AND FAMILY

Jake's marriage is severely strained, with his wife contemplating leaving him. How does the movie suggest that the battles we face in our faith and personal lives are often more important than any external achievement?

Read Ecclesiastes 4:9-10. This passage highlights the value of companionship and support. How do Jake's isolation and his wife's discouragement reflect the damage caused by focusing on self-pity instead of fighting together for the marriage and family God intended?



DISCUSSION QUESTIONS

3. PERSEVERANCE: THE "ONE MORE ROUND" FAITH



- The film's central theme is inspired by a verse about a righteous person being knocked down but getting back up, highlighting the idea of going "one more round." What does this phrase mean both literally in the ring and spiritually in life?

- Read Proverbs 24:16. The righteous "may fall seven times and rise again." How does this promise of perseverance provide the spiritual motivation Jake needs to confront his past demons and fight for his future, even when he feels he has nothing left?

4. PURPOSE AND MOTIVATION

- Jake finds renewed purpose when he agrees to fight for a charity match benefiting a young girl with cancer. How does shifting his focus from his own pain and failure to serving a greater good help restore his faith and motivation?

- Read Philippians 2:4. This verse encourages us to look not only to our own interests but also to the interests of others. How does serving a cause greater than himself help Jake find the spiritual strength he needed to fight for his own redemption?



REFLECTION & APPLICATION

Reflect on a time when you felt like giving up in a difficult situation (a relationship, a job, or a spiritual struggle). What motivated you to go "one more round"? How can you apply the perseverance and renewed faith Jake found in the film to a challenge you are currently facing?



PRAYER

Close the Bible study with a time of prayer, for those struggling with past failures, urging them to find the courage to get back up.

Pray for perseverance in faith and for the grace to forgive themselves and trust in God's plan for their future.



CONCLUSION

One More Round is a powerful reminder that our God is one of second chances. The film encourages us to confront the failures of our past, to fight for the relationships that matter, and to trust that even when we are knocked down, our faith in Christ gives us the strength to get up and go "one more round."