



FINDING FAITH: Small Group Bible Study inspired by the movie "231 Days"

INTRODUCTION

231 Days (2023) is a documentary that chronicles the remarkable, true account of Christian missionary Herb Gregg, Jr.'s kidnapping and subsequent 231 days in harrowing captivity. The film details the daily threats and harsh conditions Gregg faced, serving as a powerful testament to survival, resilience, and unwavering faith. The core message emphasizes how Gregg's religious conviction and belief in God's power were credited for sustaining him through the ordeal and ultimately leading to his miraculous release.

